

## LSCR, Bridle, Old Buck, Seymour Grind 16/18/21 km

### Getting There

Take Lillooet Road north all the way into the park to LSCR parking lot at end of road near filtration plant.

### Twin Bridges

- Go through chute at parking lot, head right to go down Twin Bridges Trail.
- Cross bridge, turn right on Fisherman's.

### Fisherman's to Bridle Path

- Turn left at Bridle post.
- Keep left on way up.
- At top, head left to come to Hyannis Connector.

### Hyannis Connector

- Turn left up short ascent to get to Bridle Path post.
- Turn RIGHT at post.

### Bridle Path

- Follow Bridle Path to intersection of Baden-Powell at stream (see photo).
- Cross stream, go **left** over the rock.



### Baden-Powell

- At T-junction, take **RIGHT** to stay on Bridle Path toward Mt Seymour Road.
- Watch for left turn at a marked junction.
- After a climb, you come to a **large burned out stump** on your right and a stream straight ahead (there's a post near Cardiac Bypass on your left). Keep right and cross the stream.
- Just over the stream, you reach bottom of **Good Samaritan**. Keep right on Bridle.
- About 1.3 km along, the trail takes a sharp left and heads northeast.
- About 800 m later, you come to a T-junction and gate where the Old Buck Trail intersects.

### Old Buck

- Turn left and power hike up Old Buck.
- At top of Old Buck Trail, turn **LEFT** to get onto Baden-Powell.

### Baden-Powell to Mushroom

- Follow B-P to post (on your left). Turn **LEFT** (down) to continue on B-P following signage to top of Seymour Grind (fairly straight).
- Head down B-P (left).
- You return to intersection of Bridle Path at post.

### Bridle Path

- Turn **RIGHT**. You arrive at intersection of Bridle Path at the stream (photo).
- Cross rock, turn **RIGHT** along Bridle Path and return to T-junction at Hyannis Connector (post).

### Hyannis Connector

- Turn **LEFT** on Hyannis Connector.
- Take second trail on your right to return to top of switchback, head down switchback.

### Fisherman's to Homestead

- Turn right on Fisherman's Trail, and cross Twin Bridge.
- Turn right after the bridge and stay on Fisherman's till you reach the **gate** at Homestead.

### Homestead to Gazebo

- Go left up Homestead.
- At the top, go **across** Twin Bridges Trail and find the path leading to the gazebo.

## 18 km option

Do a loop around Rice Lake: from the gazebo, head toward Learning Lodge, continue to first Rice Lake gate, go around lake, return to gate, head back to gazebo.

## 21 km option

### Suspension Bridge Trail/Baden-Powell to Lillooet

- From gazebo, take Suspension Bridge trail. Take second turnoff to right, go down to post, keep straight onto Baden-Powell, through marsh, up switchback. At post, turn left to Lillooet Road. Cross road, take berm trail left to head back to gazebo. Across from construction, cross road, take detour trail on left. Veer right to get back to gazebo.